

Summer Academic Requirements 2026 For Students Entering Kindergarten

We are excited to welcome your child to St. Helen Catholic School for the 2026-2027 school year. All incoming Kindergarten students are required to complete the following assignments. This will help your child retain their Pre-K knowledge and ensure they are prepared for a successful start to kindergarten.

Summer Bridge Activities Workbook: Students must complete at least **40 pages** (your choice of pages) of this workbook and work on the flash cards (found in the back of the book), prior to the first day of school on August 10th. The workbook can be purchased on Amazon using this link. [Pre K to Kindergarten Workbook](#)

Neatness and accuracy count. Please check your child's work. Additional completed pages are a bonus. The workbook should be brought to school on the first day back from summer break. Once your child has received credit for doing the work, the book will be returned to him/her.

AND

Required Summer Reading:

1. Students will read with parental support "John Bosco Champion for Youth" by Barbara Yoffie from the Saints and Me Series. This book can be purchased on Amazon using this link. [St. John Bosco Book](#)
2. Student selects a picture book of their choice to read with a parent. After reading the book, complete the book activity below. Bring the completed project to school the first day of school.

Paper Plate Character Project

Create a paper plate character from the story using crayons, markers, yarn, or other craft materials. On the back, parents help the student write:

- Character name
- 3 describing words
- Favorite part involving the character

Sight Word List Practice:

Students should practice sight words from the High Frequency List of Dolch Sight Words. Lists can be found on the reverse side.

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PreK Sight Words

the	to	and	a	I	you	it
in	said	for	up	look	is	go
we	little	down	can	see	not	one
my	me	big	come	blue	red	where
jump	away	here	help	make	yellow	two
play	run	find	three	funny		

Kindergarten Sight Words

he	was	that	she	on	they	but
at	with	all	there	out	be	have
am	do	did	what	so	get	like
this	will	yes	went	are	now	no
came	ride	into	good	want	too	pretty
four	saw	well	ran	brown	eat	who
new	must	black	white	soon	our	ate
say	under	please				

