

Summer Academic Requirements 2026 For Students Entering 1st Grade

We are excited to welcome your child to St. Helen Catholic School for the 2026-2027 school year. All incoming 1st Grade students are required to complete the following assignments. This will help your child retain their Kindergarten skills and ensure they are prepared for a successful start to 1st Grade.

Summer Bridge Activities Workbook: Students must complete at least **40 pages** (your choice of pages) of this workbook prior to the first day of school on August 10th. Neatness and accuracy count. Please check your child's work. Additional completed pages are a bonus. The book should be brought to school on the first day back from summer break. Once your child has received credit for doing the work, the book will be returned to him/her. This workbook can be purchased on Amazon using this link: [Summer Bridge Workbook](#)

AND

Required Summer Reading:

Students will read independently or with parental support the following books.

- (1) “*St. Francis – Keeper of Creation*” by Barbara Yoffie from the Saints and Me Series. This book can be purchased on Amazon using this link. [St. Francis Book](#). Students should be prepared to participate in classroom activities related to the book during the first week of school.
- (2) Students select a **Fiction AR Book** on their Accelerated Reader (AR) reading level range (*Zone of Proximal Development* found on the STAR report sent home). The student must complete the activity listed below, which is due the first day of school. To determine whether a book is an AR book and to find its AR level, please search for it here: [AR BookFinder](#)

Book Activity: Story Bag Project

Decorate a paper bag with the title and characters from the book. Inside the bag, place 3–5 small objects or drawings that represent important parts of the story. Students should be ready to explain each item to the class.

Sight Word List Practice:

Students should practice sight words from the High Frequency List of Dolch Sight Words. Lists can be found on reverse side.

Highly Encouraged: Daily practice of basic addition and subtraction facts using flash cards or apps such as *FlashToPass*.



FlashToPass - Math
Flash Cards
Learn & Practice Quiz for Kids

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PreK Sight Words

the	to	and	a	I	you	it
in	said	for	up	look	is	go
we	little	down	can	see	not	one
my	me	big	come	blue	red	where
jump	away	here	help	make	yellow	two
play	run	find	three	funny		

Kindergarten Sight Words

he	was	that	she	on	they	but
at	with	all	there	out	be	have
am	do	did	what	so	get	like
this	will	yes	went	are	now	no
came	ride	into	good	want	too	pretty
four	saw	well	ran	brown	eat	who
new	must	black	white	soon	our	ate
say	under	please				

1st Grade Sight Words

of	his	had	him	her	some	as
then	could	when	were	them	ask	an
over	just	from	any	how	know	put
take	every	old	by	after	think	let
going	walk	again	may	stop	fly	round
give	once	has	live	open	thank	

