

Summer Academic Recommendations 2025

For Students Entering PreK

We are excited to welcome your child to St. Helen Catholic School for the 2025-2026 school year. All incoming PreK students are encouraged to complete the pages in the Summer Before Workbook. This will help ensure your child is prepared for a successful start to PreK.

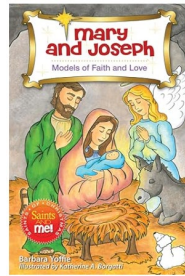
The Summer Before Workbook:

This book can be purchased from Amazon with this link. [The Summer Before Workbook](#)



Summer Reading:

With parental support students should read the book “*Mary and Joseph – Models of Faith and Love*” by Barbara Yoffie from the Saints and Me Series. This book can be purchased on Amazon using this link. [Mary and Joseph Book](#)



Sight Word List Practice:

Students should practice sight words from the High Frequency List of Dolch Sight Words.

PreK Sight Words

the	to	and	a	I	you	it
in	said	for	up	look	is	go
we	little	down	can	see	not	one
my	me	big	come	blue	red	where
jump	away	here	help	make	yellow	two
play	run	find	three	funny		