

ST. HELEN'S CATHOLIC SCHOOL ATHLETICS PLAYER CONTRACT

Player Responsibilities:

Keep up with your school work. Students need A's, B's and C's to play. Athlete's grades will be checked on Fridays. For students with A's, B's and C's: The Friday grades clear the player for the upcoming week. They will not be checked again until the following Friday. For athletes with D's and F's an email will be sent home to remind the students of the low grades. After the reminder of a low grade, the student has 1 week to bring the grade up and will not be allowed to play in the game if the grade is not brought up.

Demerits: Students will not play in the game if they reach 5 demerits. For each demerit after the 5th, the athlete will sit out of an additional game. If an athlete reaches 8 demerits in one season/quarter, they will be asked to leave the team.

Be at all practices, games, and meetings. You must attend practice to be eligible to play. All excused absences must be coordinated in advance with the coaches. Students must be present at school on game and practice days. Students must be present by 11 am to be eligible to participate in the practice or game.

Listen to your coaches. Athletes should always show respect toward their coach.

Conduct yourself in the appropriate and respectful manner at all times. Whether at school, a game, or at practice – you must remember that you are a representative of St. Helen Catholic School and your behavior will reflect on our school. Athletes should always display respect towards players, coaches, and referees. Any unnecessary comments, arguments, or aggression toward others will not be tolerated.

Accept your role on the team. Realize that a team is made up of individuals and not everyone can start or play at the same time. Try to be the best at whatever role your team needs you to play.

Take care of your uniforms. You are responsible for your assigned uniform. Keep track of them and keep them clean. They are the property of St. Helen Catholic School. You will turn in your uniform at the end of the season.

Take care of yourself. Student-athletes need adequate sleep and a healthy diet to perform at their best.

I, _____, have read and understand the rules for maintaining a spot on the _____ team at St. Helen Catholic School. I understand that failure to comply with the rules will result in appropriate consequences and/or game suspensions. I further understand that continuous failure to comply with these rules will result in dismissal from the team.

Student Athlete (Print Name) _____

Student Athlete (Signature) _____

Parent Signature _____