



CONFIRMATION YR. 1 & 2

SERVICE PROJECT GUIDELINES

According to Diocesan guidelines for Confirmation, the student's preparation is devoted to reflection, prayer, service, and discipleship.

Confirmation Yr. 1- **15 hours**

Confirmation Yr. 2- **20 hours**

St. Helen Confirmation program requires service for each candidate. Students can choose their service hours from the following options and combinations:

1. **Harvest Festival:** Email Michael Bryk, Harvest Festival Chair at: Mbryk430@gmail.com or use Sign up genius, see ad in bulletin.
2. **Confirmation Service days** – 12/10/22 & 2/11/23. Sign up & complete permission forms at class starting in November. Projects TBA.
3. **St. Helen event-** Various events at the Parish: CCD helper, Nursery, Outreach office of St. Helen, Vocation nights, Advent celebration, Lenten event, childcare assistant, or server at Communion Marriage events. *Speak to Mrs. Fies, for approval of event choice & specific information.
4. **Corporal acts of Mercy-** read the acts of mercy and suggestions to complete an act of service.

***Following their service, students must write a reflection essay about their experience. See Reflection guidelines for more information & due dates.**

Please read the Corporal Works of Mercy for Service ideas and suggestions:

Corporal Works of Mercy

1. **To feed the hungry.** Everyone needs food for their body. It is an act of love to help others to obtain their bodily nourishment, especially those in greatest need. [Examples: Bringing food to the poor, donating money to buy food for the poor, sharing your food or candy, helping to shop for groceries, helping with the cooking, doing dishes, waiting on company.] ***Volunteer at St Helen Outreach office. Start a canned food drive in your neighborhood to benefit the Outreach office this holiday season. Our Outreach Ministry is located 1031 18th Street, 567-5193. Contact Mr. Jim Poletis, Director.**

2. **To give drink to the thirsty.** What is said of food also applies to drink. [Examples: Giving someone a drink on a hot day, giving the baby its bottle, pouring drinks at the table, lifting a young child to get a drink at a water fountain.] ***Volunteer to serve at the marriage Communion events or K of C breakfasts.**

3. **To clothe the naked.** Everyone needs clothing for warmth, protection, modesty, and dignity. It is an act of love to help others obtain clothing, especially those who need help. [Examples: Bringing clothes to a needy family, sharing outgrown clothes with another family, bringing clothes to a clothing drive, helping with laundry at home.] ***Spearhead a used clothing drive to donate to a shelter or give “blessing bags” to a homeless shelter. Blessing bags = zip lock bags with new socks, toiletries, essentials.**

4. **To visit the imprisoned.** Those in prison and many other persons and their families suffer hindrances or dangers to freedom. Helping them, visiting them, or protecting them is an act of love. [Examples: Visiting prisoners, fighting for humane treatment for the imprisoned, helping to care for the families of the imprisoned, protecting a little child from a bigger child, taking care of, and protecting the baby, fighting for one’s country.] ***Volunteer with Respect Life**

Ministry to protect the unborn. Volunteer with A Caring Center for Women in Vero Beach.

5. To shelter the homeless. Everyone needs shelter. Some people live in cardboard homes; some people live in homes made of discarded materials; many people are homeless. To help the homeless obtain shelter or to preserve it is an act of love. [Examples: Bringing others to your home in times of fire, floods, or other disaster. Working at or supporting a homeless shelter. Helping to take care of the house, dusting the furniture, making the beds, cleaning the floor, and cutting the grass.] ***Volunteer at Samaritan Center for the Homeless in Vero Beach. Contact Renee Bireley at 770-2900 for service ideas and needs.**

6. To visit the sick. Helping sick people in any way is an act of love. [Examples: Visiting someone in the hospital or nursing home. Visiting someone who is sick at home or the elderly who are shut ins. Running an errand for an elderly or sick person. Reading to the sick or elderly.] ***Volunteer to assist an elderly neighbor or relative with household chores, visit an assisted living & join in an activity or create one. Call the activity director for ideas.**

7. To bury the dead. It is an act of love to show respect for the bodies of the dead, since during life, they were temples of the Holy Spirit and received the Body and Blood of Christ in Holy Communion. [Examples: Going to funerals and wakes. [Examples: Going to funerals and wakes. Treating cemeteries with respect. Cutting the grass on a grave. Putting flowers on it.] *** Visit Crestlawn cemetery in Vero beach and clean some of the gravestones and tidy up the area. Place artificial flowers at the gravesite. Bring your own cleaners. Take before and after pictures.**

ALL SERVICE HOURS MUST BE SIGNED OFF ON THE FORM & TURNED IN WITH YOUR REFLECTION PAPER. For acts of mercy please enclose a photo of your service with your reflection.

Service Project Reflection Guide

After completing your Confirmation Service Project work, you must write about your experience and reflect on how this act of service impacted your life. This reflection should be at least 300 words. Please follow the writing prompts.

Please write neatly and in complete sentences.

Service reflections for Year 1: due end of April 2023

Service reflections for Year 2: due end of February 2023

The reflection should clearly address the following points:

- * I chose to do this service because.....
- * Describe the service that you completed.
- * Who benefited from the service?
- * How did you, the Confirmation candidate, feel about the service you performed?
- * How has this service project help you prepare for Confirmation?
- * How do you see service being a part of your life in the future?
- * What was the most memorable part of this Service project?
- * How did you experience God in your service?